

## New Vision Training Center    Fall-Spring Class schedule 2022-2023

Class	Age	Day	Time	Monthly Fee
Parent/Child	18 Mo- 3	W	9:45-10:30	\$45
<b>Kindergym</b> Boys and Girls 45 minute class	3 & 4	T W	4:00, 4:45, 5:45 10:45, 11:45 4:00, 4:45, 6:30	\$55
<b>Rainbow</b> Girls 1 hour class	5-6	M T W TH F	5:30, 6:30 4:00 10:30 4:00 5:00	\$60
<b>Girls Basics</b> 1 hour class	7-12	M W Th F	4:30 11:30 6:00 4:00	\$60
<b>Girls Step-up</b> 1 hour class	7-12	M T W Th F	4:00 7:00 11:30, 5:30 5:00 6:00	\$60
<b>Girls Challenge</b> 90 minute class	8-12	T F	6:30-8:00 5:00-6:30	\$75
<b>Hotshots (inv)</b> <b>Advanced</b>	5-7 8-12	W Th	5:00-6:30 6:00-8:00	\$75 \$90
<b>Thunder Boys 1 hr</b> <b>Boys Basic/Stepup</b>	5-7 8-14	T T	4:00, 5:00 6:00	\$60
<b>Tumbling</b>	9-18	M	7:30	\$60
<b>Little Ninjas</b> 1 hour class	5-7	M T W F	6:30 6:00 10:30 4:00, 5:00	\$60
<b>Warrior Ninjas</b> 1 hour class	8-10	M T W F	5:30 4:30, 7:00 11:30 6:00	\$60
<b>Advanced L Ninjas</b> <b>Advanced Ninjas</b> (invite only)	5-8 9-17 9-17	W M W	4:00-5:00 4:00-5:30 5:00-6:30	\$60 \$75 (\$135/both)
<b>Parkour</b>	7-11 12-40	Th Th	6:00-7:00 7:00-8:00	\$60
<b>HOMESCHOOL Girls</b> <b>Girls</b> <b>Little Ninjas</b> <b>Ninja Warriors</b>	5-6 7-12 5-7 8-10	W W W W	10:30 11:30 10:30 11:30	\$60

### Classes begin Tuesday, September 6

Register via parent portal on our website or on-site

**ANNUAL MEMBERSHIP FEE (per family) \$35**

**Office hours:  
Mon – Fri 3-7  
828-524-1904**

Email and website:  
[newvisiongymnastics@gmail.com](mailto:newvisiongymnastics@gmail.com)  
[www.newvisiontrainingcenter.com](http://www.newvisiontrainingcenter.com)

### OPEN GYM

Ninja only Thursday 4:00-5:30  
Ages 5-up \$10  
Gymnastics gym and ninja Friday  
7:00-8:30 ages 5-up (3-4 parent  
needed) \$15

**BOULDERING:**  
Open Gym Hours  
3:30-8pm M-F

**For After-School info,  
policies, and more visit  
our website**